

### Haref Allies - Frequently Asked Questions

The new Haref Allies Membership has been developed in consultation with current Allies in order to strengthen our current offer, engage better with health services, and forge stronger links between the Allies and the Haref Network. Below are some frequently asked questions regarding the new membership offer.

#### Am I eligible to sign up as a Haref Ally?

In order to become a Haref Ally, you must be:

- An organisation that provides Health and Wellbeing Services, or
- An organisation that has social value or addresses the wider social determinants of health, or
- Funders of VCSE, and
- Deliver at least some of the services within Newcastle or Gateshead

Health and Wellbeing services can be any service that aims to improve either specific mental or physical health outcomes or general physical or mental wellbeing of its users. If you are unsure whether your organisation is eligible, please do not hesitate to get in touch with us directly.

#### I am in the Haref Network, should I become a Haref Ally?

The Haref Allies support the Haref Network and are guided by issues raised at Haref Network meetings. If you are already in the Haref Network, you don't need to become a Haref Ally – your role in the Network is fundamental to helping us strive for health equality and we value your input.

#### How do I sign up?

Please click the following link to the sign-up form <a href="https://forms.office.com/r/pcUm3yjAp2">https://forms.office.com/r/pcUm3yjAp2</a>

#### How many people from my organisation are able to sign up?

There is no limit to the number of representatives that can sign up to become a Haref Ally. Our Allies are involved in organisations of all shapes and sizes, from small local charities to NHS Trusts.

#### What are the benefits of becoming a Haref Ally?

As a Haref Ally, you will have access to the following:

An annual membership



- Our bi-annual Haref Allies events
- Supporting health information sessions with the Network
- Cultural Competency training, and access to two skills-building workshops if in your second year of membership
- 10% off all training packages offered by Connected Voice
- Information sharing through email updates
- 'I am a Haref Ally' badge for email

#### What is covered by the 10% discount offer?

This discount is for training offered by Connected Voice in addition to the Cultural Competency training that Allies receive for free. Sessions include Equity, Diversity and Inclusion, QuickBooks, and other topics. You can also use the discount if you wish to roll-out our Cultural Competency to those in your organisation who aren't Allies. Find out more here.

#### How much does membership cost?

Membership lasts 12 months, after which you will be asked to renew.

- £39 plus VAT for statutory organisations/private enterprises or
- £23 plus VAT for voluntary, community and social enterprise organisations.
- 5% discount applied on each additional membership. For example, the price for two representatives from a VCSE organisation will be £44.85 plus VAT.

# How long do I have to complete my Cultural Competency training as part of my membership?

Attending our Cultural Competency training is a key part of your first year's membership. This training will support you to be a successful Haref Ally, so we ask that it is completed within six months of your membership start date. You will be sent a training request with a list of times and dates soon after you sign up. If you have any questions regarding this training please contact Isobel Corby: Isobel.corby@connectedvoice.org.uk

## Can I reallocate an Ally, for example if someone leaves or changes job role?

Unfortunately, we are not able to re-allocate membership. You will need to take out a new membership for any staff changes.

# Can all my colleagues at my organisation use and display the Haref Allies email signature badge?

The badge is to be displayed by the individuals registered as Allies. We ask Allies to complete our Cultural Competency training and to individually take a pledge to commit to improve health and wellbeing in our region.



### Can I send a representative to the Allies meeting if I am unable to attend?

Your nominated Ally/ Allies should be the ones attending the meetings and Allies events. If you are unable to attend please let Mehru-Nisa know. Post meetings we will send out information detailing content of meeting alternatively you may contact us directly for more information.